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\* Starting February 3, 2011 ALL Chapter meetings will be held at the Heritage Center, 109 \*  
\* Delaware. **Meetings will continue to be held on the first Thursday of the month at 1:30 \***  
\* p.m. There is ample **parking available and the center has a handicap ramp.**

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**From the President:**

Chapter 27 has had lots of changes in 2010:

- We have changed from a Christmas event in December to a Fall Festival in a beautiful time of the year. We had over 100 people celebrating with us and several Federation officers attending.
- The Heritage Center has become the new home for our meetings and social events.
- Chapter 27 has a full group of dedicated individuals working on your behalf as officers for 2011.
- The Candidate Forum was a success with Donna and Dewey Gillett's capable leadership.
- Dues have increased but you can change to payroll deduction for a reduced rate. It is important that we continue to look for new members and retain our current membership. Fran Gast is doing an excellent job with membership.
- We have had some publicity this year and hope to have more in 2011 to get our name out for all the work that we do for active and retired federal employees.

Quote from Carol Ek, Federation President:  
"Even though the Fiscal Commission Report did not gain the 14 votes needed to pass, that report will remain on every desk of our elected

representatives... that recommendation was made to Congress to cut federal civilian and military retirement benefits by \$70 billion dollars over the next 10 years." We need to be keeping in touch with our legislators.

Thanks to all the officers of Chapter 27 and I look forward to working with them and getting to know each of you during 2011.

*Diane Hall*

**From the 1st VP—Membership:**

I've been passing out a lot of membership applications to try to get people to join before the end of the year. If they all join we'll be doing well.

I'd also like to get e-mail addresses from everyone that has one and is willing to share it with me. My e-mail is [fcrastrAkc.rr.com](mailto:fcrastrAkc.rr.com) , or give me a call at 913-682-0898.

See you at the next meeting!

*Fran Gast*

Do you need to contact a congressman? Below are the names, addresses, phone numbers, and email addresses where they can be reached. Check May 2011 *Bison* for any changes/corrections.

LEGISLATORS' Topeka Address / Phone: Federal: Sen Jerry Moran, 612 Kansas Ave, 66603 (785) 233-2503, [www.moran.senate.gov](http://www.moran.senate.gov). Sen Pat Roberts, 444 SE Quincy, Rm 392, 66683, (785) 295-2745, [www.roberts.senate.gov](http://www.roberts.senate.gov), Rep. Lynn Jenkins, R-2nd Dist., 3550 SW Fifth St., 66601, (785) 234-5966. NARFE member toll free line to Congress members: 1-866-220-0044. Kansas State (by Dist. at Statehouse, Topeka 66612, telephone (785) 296 + ext): Sen Tom Holland, R-3rd, 181 East, ext. 7372, [tom.holland@senate.state.ks.gov](mailto:tom.holland@senate.state.ks.gov). Sen Kelly Kultala, D-5th, 404 North, ext. 7357, [kellykultala/a@senate.state.ks.gov](mailto:kellykultala/a@senate.state.ks.gov), Rep Owen Donohoe, R-39th, 127 Docking Building, ext. 7682, [oweadonohoe@house.state.ks.gov](mailto:oweadonohoe@house.state.ks.gov); Rep Melanie Meier, D-401h, 761 Docking Bldg, ext. 7668, [melaniameier@house.stateks.us](mailto:melaniameier@house.stateks.us). Rep. Jana Goodman, D41s1, 776 Docking Bldg, ext. 7643, [janagoodman@house.ks.gov](mailto:janagoodman@house.ks.gov); Rep Connie O'Brien, R-42nd 127 Docking Building, ext. 7682, [connie.obrien@houseks.gov](mailto:connie.obrien@houseks.gov). State legislators hot line: 1-800-432-3924.

*From the 2nd VP—Programs:*

Feb. 3rd—Memorial Service for 2010 deceased members.

Mar. 3rd—Charolett Van Wormer, Master Gardener, will tell us about the flowers around the city.

April 7th—to be announced.

May 5th—to be announced.

*Biffie Oertel*

*From the 3rd VP—Service Officer*

As the Service Officer, I continue to remain available for assistance with paperwork for benefits through the Federal Government. I have worked on applications for death benefits and will be working on assisting with annuity payments for an individual.

I am also a retired federal employee and as such I am concerned about the government's position on freezing the pay for Federal workers for 3 years while giving raises to the military, post office employees and the Congress. Why are the federal workers singled out to hold the line on spending? Why are not all of us asked to share in the reductions? Keep informed and help us to be in contact with our congress members.

*Dick Hall*

**IN MEMORIAM****Members**

Frances Bodde	Mary Louise Kreutzer
Phyllis Gable	Barry Sims
Elnora V. Kenyon	Fern E. Theel
Madge Vigneron	

**Family Members**

Margaret Ascenzi, sister of Ed & Gertrude Campbell  
 Mary Alice Heim, mother of Alice Theis & Helen Stewart  
 Eldrow "Jim" Lunsford, brother of Don & Carol Reynolds  
 Sheri Von Morrison, daughter of Ruth Emge  
 Martin "Gene" Wendel, father of Martin & Madeline Wendel  
 Lila "Pat" Zeugin, wife of John Zeugin

*From the Sunshine Officer:*

If you know of members who are hospitalized or ill at home I will send cards. Please call me at 351-3386. Thank you.

Get Well cards were sent to: Mary Clary, Eileen Gallagher, Mary Kreutzer, and Dolores Vossmer.

*Marilyn Murray*

*From the Treasurer:*

Keeping records for an organization is not always an easy task. When it comes to taking care of an organizations money, the efforts are even more tedious as errors are hard to explain. Hopefully, I encountered no errors and have kept an accurate account of your money.

Some good news that we got was when we transferred \$1,000.00 from a CD to the USP Credit Union, which is paying 2 percent, so far, we have earned \$7.03 for the year.

We will finish the year with more than --\$1,-,000:00-in-the--bank, but-have-a-large " waiting to be paid to the State NARFE Treasurer. We will be OK, but again will need to watch our spending.

*Ross Perkins*

*From the Legislative Chair:***What's cooking for the 112th**

You can peruse NARFE's legislative program for the 112<sup>th</sup> Congress in the January 2011 *NARFE* magazine (pages 24-27). As of *The Bison* deadline national is not asking us to contact our congressional delegation on any specific matter. When an issue pops up you can easily find the contact information and toll free numbers for calling those who work for us at the bottom of *The Bison's* front page. If you call, you may ask to be connected to your U.S. senators and representative. Your state legislators are also listed.

**Respect for the U.S. Constitution**

It is good to be aware of the resolutions that

### *From the Alzheimer's Chair:*

In a letter from our KS Federation Alzheimer's Chairperson, Janice Neuschafer, dated Oct 2010, she talks about Signs and Symptoms of Alzheimer's. I would like to repeat this for your information.

"Skins and Symptoms—Sometimes early stage symptoms are mistaken for normal aging. Knowing the difference can help you get treatment sooner, before the symptoms become worse.

#### Normal Aging

Forgetting the names of people you rarely see  
Briefly forgetting part of an experience  
Not putting things away properly  
Mood changes because of an appropriate cause  
Changes in your interests

#### Early Sims of Alzheimer's

Forgetting the names of people close to you  
Forgetting a recent experience  
Putting things away in strange places  
Having unpredictable mood changes  
Decreased interest in activities

The Alzheimer's Association has created this list of warning signs for Alzheimer's disease and related dementia. Individuals may experience one or more of these in different degrees.

1. Memory changes that disrupt daily life.
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood and personality

If you or someone you care about is experiencing any of the ten warning signs, please see a doctor to find the cause Early diagnosis gives you a chance to seek treatment and plan for your future. Alzheimer's is a progressive, fatal disease with no known cause or cure. Further scientific research is the greatest weapon we have to conquer this disease.

Alzheimer's disease is the sixth-leading cause of death in the U.S. according to the Centers for Disease Control and Preventive (CDC) National Center for Health Statistics."

See you at the February meeting at the Heritage Center.

*Helen Gallagher*

delegates adopted at the 31<sup>st</sup> Biennial Convention for our 112<sup>th</sup> Congress Legislative Program. On page 26 of the November *NARFE* magazine one resolution was for support of statehood for Washington, D. C. (DISTRICT of Columbia). The U.S. Constitution made a particular provision for the land known as the District of Columbia.

Article I, Section 8, of the U.S. Constitution states that "Congress shall have the Power ...  
... To exercise exclusive Legislation in all Cases whatsoever, over such District (not exceeding ten Miles square) as may, by Cession of particular States, and the Acceptance of Congress, become the Seat of the Government of the United States, ..."

In other words states would cede, give up, surrender land, and Congress would accept the land and it would become the 10 miles square for the District of Columbia. (Note that is not 10 square miles.) Our capital area would not be in any state, it would be a District.

The Constitution says that the Legislature has complete authority over 10 miles square of Washington D.C. The U.S. Constitution does not give the Legislature authority over the 50 sovereign states. So it would be unconstitutional to give D.C. statehood.

*Donna Gillett*

*Calendar of Upcoming Events*

Jan 27	9:15 a.m.	Executive Committee meeting	Mar. 24	9:15 am.	Executive Committee meeting.
Feb. 3	1:30 p.m.	Chapter meeting: Memorial Service	April 7	1:30 p.m.	Chapter meeting: TBA
Feb. 24	9:15 a.m.	Executive Committee meeting	April 28	9:15 am.	Executive Committee meeting.
Mar. 3	1:30 p.m.	Chapter meeting: Charlotte Van Wormer, Master Gardner.	May 5	1:30 p.m.	Chapter meeting: TBA
			May 26	9:15 a.m.	Executive Committee meeting.

NOTE: Chapter meetings are held in the Heritage Center, 109 Delaware at :30 p.m.  
Executive Committee Meetings are held at the Leavenworth Public Library the last Thursday of each month at 9:15 am.

