

a most helpful and award winning NARFE magazine that is just full of information about FERS and CSRS pensions, Thrift Saving Plan, Health and Life Insurance, Social Security, Medicare, Financial Services, vacations, hotels, car rentals, moving services, Emergency Services, current Legislation. Can you think of any other place where one can get that kind of information for \$3.00 a month?. Furthermore, that \$3.00 will also buy the services of four highly qualified NARFE government relations experts who are in constant contact with Congress working to protect the earned benefits of all active and retired federal employees. Also, our national office regularly and promptly keeps us advise by email of Congressional activities related to our interests, and provides an automatic way for us to send letters to our national representatives and senators requesting specific actions on our behalf "Additionally" that \$3.00 a month includes membership in a local chapter, which provides a newsletter every other month. Iola Members. Also included are committee members who regularly visit our statehouse to monitor activities there, to ensure that NARFE best interest are know by our duly elected political representatives and that chapter members are kept informed. There is a Service Officer available in times of need, opportunities to assist with support of the chapter, help when needed by your officers and committee people & the pleasure of meeting each month with friendly people of related backgrounds who share personal goals & interest."Thanks Betty for sharing".GDB

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MEDICARE PART B PREMIUM FAIRNESS. Federal, State and local government retirees who are not eligible to receive Social Security have seen their Medicare Part B premiums jump from \$96.40 per month to \$110.50 in 2010. Current law protects (holds harmless) most other beneficiaries from a Part B. rate hike when there is no Social Security cost of living adjustment (COLA). On September 24, the House passed HR 3631, the Medicare Premium Fairness Act, which would protect over 1 million federal state and local government retirees from the Part B. premium increase in 2010. The Senate needs to approve this needed legislation, too. If you are not among the 9,519 NARFE e-activist who have already used the Legislative Action Center, tell your Senators to Pass H.R.3631. Send them an email or a letter to the address appearing at the end of this letter. Or call their Congressional Office here in Kansas "DO IT NOW. SEE THEIR PHONE NUMBERS BELOW."

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Kansas NARFE Convention, April 25, 26, 27, Ramada Inn. Contact Chapter President for details.

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Senator Pat Roberts 1109 College Blvd Ste. 203 612 Overland Park, Ks. 61210 Phone: (91)451-9343 www.roberts.senate.gov	Senator Sam Brownback 612 S. Kansas Ave Topeka, Ks. 66603 Phone (785)233-2503 www.brovvnback.senate.gov	Congressman Lynn Jenkins 701 N. Broadway Street Pittsburg, Ks. 66762 Ph: 620-231-5966 www.house.gov/Jenkins +
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NARFE--MARCH-2010 Magazine. "Reminders" Read about NARFE PAC: P-19 to20. ++FEHBP (Health Insurance) and TRICARE, "question-answers, P-32-33*FPresident Baptiste message, P-6

HEALTH INSURANCE CONTINUES TO BE ON THE TABLE WITH NO ACTION BEING TAKEN BY YOUR SENATORS AND CONGRESSMAN. (Have you contacted them lately and asked them what they are doing to help control Health Insurance Costs.)? For more details see the weekly NARFE Hot Line" Example: The Anthem Blue Cross plan in Maine is asking for increases of about 23 Percent this year for some individual policyholders. Last Year they raised rates up to 32 percent.

+Editor, Gale Beck--Newsletter Distributor Wanda Shaw+.
Sometimes the majority only means that all the fools are on the same side.

Sent: Wednesday, February 24, 2010 11 :nu AM
Subject Fw: Mike Causey article on \$250
FYI

Original Message —

From: National Vice President
To: undisclosed-recipients:
Sent Tuesday, February 23, 2010 11:44 AM
Subject FVV: ate Causey article on \$250

FYI - Information from Mike Causey

Retirees \$250 Tax Credit

January 15, 2010

If you are a retired federal or postal worker you may be eligible for a \$250 credit toward your 2009 federal tax bill.

Retirees who get Social Security benefits have gotten, or will get, a one-time \$250 payment in their January checks. The one-shot payment is to make up, in part, for the fact that federal, military Social Security retirees did not get a cost of living adjustment this month, We tipped you that was coming some time back, but when the dire prediction turned out to be true, it stilt came as a shock to many retirees who were counting on a COLA to help pay higher health insurance premiums_

Retirees got a 5.8 percent COLA last January. But because of the recession and deflation (as opposed to inflation) they didn't qualify for an inflation-catch-up this year.

To make up for that, the Obama administration and Congress okayed the one-time payment for retirees who get Social Security. (Several sharp-eyed readers point out that in fact the special payments and/or tax credits is in lieu of the \$250 economic stimulus checks that were received by many people last year. It is not, they point out, to make up for the lack of a COLA. Congress is still considering that.)

But about half of all current ktderal retirees (those who left under the old Civil Service Retirement System}____ there was no payment because they *never* qualified for Social Security. For them the solution is a tax credit. Unlike the automatic one-shot payment to Social Security beneficiaries, those who don't get the payments have to go after their \$250. And it *will* be in the form of *a* tax-credit, not a payment.

To qualify for the \$250 tax credit (assuming you did NOT or will not get the payment in your January _Social Security payment) you have to be pro-active. As in go after it To do that you need to get an interestingly-named IRS form called 'Making Work Pair and Government Retiree Credits'. Fill it out and file it with your regular 1040A or 1040 or 1040NR fonn for the 2009 tax year.

To a let of people a \$250 payment isn't such a big deal.

2/24/2010